



MEDICAL HYPNOTHERAPY FOR CHRONIC DISEASE

TRAINING OVERVIEW

Course Description

This course is offered by MINDbasedHealing leading to a certification in the **Medical Hypnotherapy for Chronic Disease**. This course provides recorded videos of each class, class demos, and recorded sessions with volunteers. It also includes a comprehensive manual outlining all class instruction and step-by-step handouts of all processes taught.

The course begins by differentiating hypnotherapy for chronic disease from other medical uses of hypnotherapy. It then presents the research in the areas of epigenetics, quantum physics, psychoneuroimmunology and other sciences supporting the mind-based healing process. The remainder of the training teaches techniques for uncovering the cause and intention of chronic disease and step-by-step methods for creating lasting change and restoring health. The course makes use of recorded client sessions as well as demos in the classroom.

In summary, the purpose of the course is to provide attendees with both the general knowledge to work with the mind-body connection and specific techniques to use to work with clients diagnosed with chronic disease. The techniques are designed to discover and transform the underlying beliefs and mental patterns behind physical symptoms and restore health.

Course Instructor

Eva M Clark, MA. CCHt, Clinical Hypnotherapist, Medical Hypnosis Practitioner,
www.MINDbasedHealing.org
info@mindbasedhealing.org (415) 699 2574
577 Soquel Ave. Santa Cruz, CA 95062



Practitioner in Transformative Medicine, and Master Practitioner of NLP for Health. She is the director of MINDbasedHealing, a nonprofit whose mission is to educate the public on the need to address the mental patterns behind disease and to train practitioners how to discover and resolve those mental patterns (see CV for more details)

Attendees Prerequisites

Certified Hypnotherapist and NLP Practitioners

Course Curriculum

Lecture 1: Introduction to Medical Hypnotherapy

Lecture 2: Establish Belief In Mind-body Medicine.

Lecture 3: Meaning-full Disease & The Law of Polarity

Lecture 4: Talking to the Subconscious / Talking to the Disease

Lecture 5: The Work. Transforming the Mental Patterns of Disease

Lecture 6: Unknown Selves. Working with Shadow and Conflict

Lecture 7: The Law of Resonance and Vertical Thinking.

Lecture 8: The Law of the Beginning. Creating a Mental Model

Lecture 9: The Steps to Healing and the Inner Obstacles to Healing

Lecture 10: The Power of Ritual and Activating Self Healing

Lecture 11: Make it Real. Creating a Compelling Future



Lecture 12: Bringing it all Together

Certification Requirements

Students are required to turn in at least six practice session reviews, have four one-on-one supervision sessions with the instructor, and take a written exam for certification.

This course is **30-hours of instruction qualified as 30-hr continued education (CE)** for hypnotherapists (experience with NLP is required).